**Unit 2** **How often do you exercise?**

**Section A2 (Grammar focus-3c)**

**【学习目标】**

1. 理解并掌握下列词汇及短语：maybe, at least, stay up, play sports
2. 理解并掌握下列重点句子:
3. -What do you usually do on weekends? -I always exercise.
4. -What do they do on weekends? -They often help with housework.
5. -What does she do on weekends? -She sometimes goes shopping.
6. -How often do you go to the movies? -I go to the movies maybe once a

month.

1. -How often does he watch TV? -He hardly ever watches TV.
2. -Do you go shopping? -No，I never go shopping.
3. -How often do you read English books?

-I read English books about twice a week.

3. 重点语法: 正确使用频率副词和一般现在时。

4. 学会利用一般现在时描述生活中经常或反复发生的事情。

5. 通过交流生活中经常做的事情，加深同学间的相互了解，进而建立和谐的同学关系。

**【重点和难点】**

运用所学的目标语言How often do.../What do you...等向其他人询问了解他们在平时生活中经常或反复发生的事情。

**【课前预习】**

1. 前置回顾-----还记得他们吗？

full（*adj.*） \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ how often \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

housework (*n.*) \_\_\_\_\_\_\_\_\_\_\_\_\_\_ hardly ever \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

once a month \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ healthy（*adj.*） \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

预习检测------词汇关

大概；或许；可能 \_\_\_\_\_\_\_\_\_\_ 最小（的）；最少（的）；\_\_\_\_\_\_\_\_\_\_\_\_

至少；不少于 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 熬夜 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

做运动 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 吃健康的早餐 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Work on 3b

1 How often do you help with housework?

I sometimes help with housework.

2 What do you usually do on weekends?

I always watch TV...

3 How often does your best friend exercise?

She / He exercises every day.

4 What do you usually do after school?

I often play basketball.

1. 翻译句子。

1 你周末通常做什么？我总是锻炼。

2 他们周末做什么？他们经常帮助做家务。

3 她周末做什么？她有时去购物。

4 你多久去看一次电影？ 我大概一个月看一次。

5 他多久看一次电视？ 他几乎不看电视。

6 你去购物吗？ 不去，我从不去购物。

**【合作探究】**

Ⅰ.Warm up:

Ask a few students to talk about how often they do things before class.

Ⅱ.Pre－task

1) Review the grammar box. Say the questions and answers.

2) Practice reading.

**探究1**

Grammar: the Simple Present Tense

一般现在时描述经常出现、反复发生的动作时，常与表示频率的时间状语连用,如：always , everyday , often , once a week (month /year , etc.) , sometimes ,

seldom , usually等等，以表示句中的动作是习惯性的、经常性的。例如：

She doesn't often write to her family, only once a month.

 她不常给家里写信，仅一月一封而已。

基本句法结构：

肯定句：主语+实意动词 +其他。

e.g. I usually play soccer on weekends.

当主语是第三人称单数时, 动词要用第三人称单数，即词尾加-s/es.

e.g. She usually plays soccer on weekends.

否定句：主语+don’t/ doesn’t +原型实意动词 +其他。

 e.g. I don’t play soccer on weekends.

  She doesn’t play soccer on weekends.

一般疑问句：Do/Does +主语+原型实意动词+其他？

e.g. Do you play soccer on weekends? Yes, I do./ No, I don’t.

Does she play soccer on weekends? Yes, she does./ No, she doesn’t.

特殊疑问句: 特殊疑问词+一般疑问句

What do you do on weekends?

What does she do on weekends?

**探究2**

频度副词

always, often, sometimes, hardly ever, never等词为频度副词，常用来回答“how often”的特殊疑问句。频度副词常放在实义动词之前，情态动词、助动词或系动词be之后

3）Make sentences with adverbs of frequency with groups.

4）Recite the sentences with partners.

Ⅲ. While－task

Work on 3a

Ss complete the questions with do or does by themselves at first.

Then match the questions and the answers.

At last read aloud in pairs.

**探究3**

语言点

1. I go to the movies maybe once a month. 我大概一个月去看一次电影。

maybe意为“或许、大概”，是副词，表示可能性，常置于句首，在句中作状语，相当于perhaps；may be意为“也许是，可能是”，是“情态动词may +be（动词be的原形）”结构，在句中作谓语。

Maybe he is in the office. =He may be in the office.

1. How often do they stay up late? 他们多久熬一次夜？

stay up熬夜

1. He plays at least twice a week. 他一周至少踢两次。

at least 至少 at most 至多

1. Do your parents play sports? 你的父母做运动吗？

play sports做运动 近义词 do sports

Work on 3b

Use the words given to write questions. Then ask and answer in pairs.

Questions My partners’ answers

1. ?

(how often / help with housework)

1. ?

(what / usually / do / weekends)

1. ?

(how often /best friend / exercise)

1. ?

(what / usually / do / after school)

Ⅳ. Post－task

Look at the pictures on the screen and make a survey in groups:

What can you do to improve your English?

Talk about how to improve their English.

Show the target language: How often do you read English?

Fill in the chart and add more things to the chart.

|  |  |  |
| --- | --- | --- |
| How often do you...? | Names | Frequency |
| read English books | Lin Ying | Twice a week |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**【课时小结】**

本节课学习了正确使用频率副词和利用一般现在时描述生活中经常或反复发生的事情。

单词及短语: maybe, at least, stay up, play sports

句型:

1. -What do you usually do on weekends？-I always exercise.
2. -What do they do on weekends? -They often help with housework.
3. -What does she do on weekends? -She sometimes goes shopping.
4. -How often do you go to the movies? - I go to the movies maybe once a month.
5. -How often does he watch TV? -He hardly ever watches TV.
6. -Do you go shopping？ -No，I never go shopping.
7. -How often do you read English books？

-I read English books about twice a week.

**【达标检测】**

一、选择单词或短语并用其适当形式填空

|  |
| --- |
| help with, maybe, may be, stay up, at least, always, usually,  often, sometimes, hardly ever |

1. My father works very hard and often \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ late.

2. There are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2,000 kinds of goods in the supermarket.

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ they will come back this afternoon.

4. My daughter \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ smiles at others.

5. The children often \_\_\_\_\_\_\_\_\_\_ the old \_\_\_\_\_\_\_\_\_\_\_ housework.

6. Too much ice cream is bad for our health, so I \_\_\_\_\_\_\_\_\_\_\_\_ eat it.

7. “Does he \_\_\_\_\_\_\_\_\_\_\_\_ play basketball with his classmates after school?” “Yes, except（除……之外）Monday.”

8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ I help my mother do the housework.

9. I \_\_\_\_\_\_\_\_\_\_\_\_\_ do my homework in the evening, but I don’t want to do it today.

10. Miss Li \_\_\_\_\_\_\_\_\_\_\_\_\_\_ at home now.

二、句型转换

1. The children are playing computer games.（用often改写句子）

The children \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ computer games.

2. He reads English books twice a week.（改为一般疑问句）

\_\_\_\_\_\_\_ he \_\_\_\_\_\_\_\_\_\_\_ English books twice a week?

1. The girl exercises in the morning.（改为否定句）

The girl \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the morning.

1. I usually play soccer on Sundays.（对画线部分提问）

\_\_\_\_\_\_ \_\_\_\_\_ you usually \_\_\_\_\_\_ on Sundays?

1. Sue goes shopping once a month.（对画线部分提问）

\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ Sue \_\_\_\_\_\_ shopping?

**【自我评价】**

1. 本课我学会了什么？

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. 通过本课的学习，我还有哪些疑问？

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**参考答案**

**【课前预习】**

**前置回顾**

满的，忙的， 多久一次；多常， 家务， 几乎不，

一个月一次， 健康的

**预习检测**

maybe, least, at least, stay up, play sports, eat healthy breakfast

**翻译句子**

1 -What do you usually do on weekends？-I always exercise.

2 -What do they do on weekends? -They often help with housework.

3-What does she do on weekends? -She sometimes goes shopping.

4-How often do you go to the movies? -I go to the movies maybe once a

month.

5-How often does he watch TV? -He hardly ever watches TV.

6-Do you go shopping？ -No，I never go shopping.

**【合作探究】**

Work on 3b

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I sometimes help with housework .

2 What do you usually do on weekends?

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She/He exercises every day.

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**【达标检测】**

一、1. stay up 2. at least 3. Maybe 4. often 5. help ...with

6. hardly ever 7. usually 8. Sometimes 9. always 10. may be

二、句型转换

1. often plays 2. Does read 3. doesn’t exercise 4. What do do 5. How often does go